

## Some Covid 19 Resources for People with Intellectual and Developmental Disabilities, Families and Caregivers

Organization and Weblink	Resources and Description
<p><b>Autism Society of NC</b></p> <p><a href="https://www.autismsociety-nc.org/coronavirus-disease-2019/">https://www.autismsociety-nc.org/coronavirus-disease-2019/</a></p>	<p><u>Visual Supports and Social narratives:</u></p> <ul style="list-style-type: none"> <li>• Don't share germs!</li> <li>• About Coronavirus</li> <li>• No school today,</li> <li>• Day program is closed today</li> <li>• We have to stay home</li> </ul>
<p><b>Autism Society of NC</b></p> <p><a href="https://www.autismsociety-nc.org/coronavirus-disease-2019/">https://www.autismsociety-nc.org/coronavirus-disease-2019/</a></p>	<p><u>Webinars: Setting the stage for success:</u></p> <ul style="list-style-type: none"> <li>• Structuring your day for success</li> <li>• Encouraging Positive Behavior</li> </ul> <p><u>Engaging and instructing your child:</u></p> <ul style="list-style-type: none"> <li>• Structuring activities to promote independence</li> <li>• Structuring your child's academic day</li> <li>• Tips for promoting communication in young learners</li> <li>• Tips for promoting play in young learners</li> <li>• Developing calming, movement, and coping routines</li> </ul> <p><u>Addressing challenging behavior:</u></p> <ul style="list-style-type: none"> <li>• How to de-escalate challenging behaviors</li> </ul>
<p><b>Green Mountain Self Advocates</b></p> <p><a href="https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Plain-Language-Information-on-Coronavirus.pdf">https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Plain-Language-Information-on-Coronavirus.pdf</a></p>	<p><u>Plain Language Booklet on Covid 19:</u> what it is, how do you get it, what happens if you have it, how can I stay healthy. 8 pages, combining limited text and visual</p>
<p><b>AFRIM, FGP Child Development Institute, UNC-CH</b></p> <p><a href="https://afirm.fpg.unc.edu/supporting-individuals-autism-through-uncertain-times">https://afirm.fpg.unc.edu/supporting-individuals-autism-through-uncertain-times</a></p>	<p><u>Supporting Individuals with Autism Through Uncertain Times.</u> Tool kit that addresses 7 coping strategies: support understanding, offer opportunities for expression, Prioritize coping and calming skills, Maintain routines, Build new routines, Foster connections (from a distance), Be aware of changing behaviors.</p>

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<b>Health Care Access Research and Developmental Disabilities</b> <a href="https://mailchi.mp/4fcf79d4fe5/covid-19-hcardd">https://mailchi.mp/4fcf79d4fe5/covid-19-hcardd</a>	My Plan for Being Safe: booklet that covers what is covid 19m how to stay safe, getting ready to stay at home, how I can help myself. Visuals and limited text
<b>The Autism Educator</b> <a href="https://littlepuddins.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf">https://littlepuddins.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf</a>	What is the Coronavirus? Social Narrative to help alleviate fears and anxiety many children may be experiencing at this time.
<b>Health Risk Screening Inc.</b> <a href="https://hrstonline.com/">https://hrstonline.com/</a>	Infection Video 22-minute eLearn module. Written for Direct Support Professionals and others to learn the basics of infection control and what to do when infection is identified in someone they support.
<b>North Carolina Council on Developmental Disabilities</b> <a href="https://nccdd.org/news-media/blog/51-health/931-covid-19-resources-for-people-with-disabilities.html">https://nccdd.org/news-media/blog/51-health/931-covid-19-resources-for-people-with-disabilities.html</a>	Covid- 19 resource page, List of resources including emergency picture aid, prevention recommendations with visuals
<b>National Alliance of Direct Support Professionals</b> <a href="https://www.youtube.com/watch?v=ud4Q4e_hcuw&amp;t=14s">https://www.youtube.com/watch?v=ud4Q4e_hcuw&amp;t=14s</a>	The Role of the DSP (Direct Support Professional) and The Coronavirus webinar. Covers guidelines for understanding the virus, protecting individuals they support in the community and what the DSP can do to mitigate the risk of the virus and minimize the confusion, anxiety and fears about the virus.
<b>Hesperian Health Guides</b> <a href="https://en.hesperian.org/hhg/Cononavirus?utm">https://en.hesperian.org/hhg/Cononavirus?utm</a>	Coronavirus Fact Sheet in MULTIPLE languages
<b>Stony Brook University</b> <a href="https://cpb-us-e1.wpmucdn.com/you.stonybrook.edu/dist/a/4436/files/2020/04/COVID-19-Form_NC_Fill.pdf">https://cpb-us-e1.wpmucdn.com/you.stonybrook.edu/dist/a/4436/files/2020/04/COVID-19-Form_NC_Fill.pdf</a>	Preparing Individuals with Intellectual/Developmental Disabilities for Medical Treatment at Hospitals: a fillable form to help medical providers know the person with an I/DD, in case they need to go to the hospital

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<b>CDC</b> <a href="https://www.cdc.gov/handwashing/pdf/wash-your-hands-fact-sheet-508.pdf">https://www.cdc.gov/handwashing/pdf/wash-your-hands-fact-sheet-508.pdf</a>	Stop Germs! Wash Your Hands poster
<b>Special Olympics</b> <a href="https://www.specialolympics.org/stories/athletes/proper-hand-washing-techniques">https://www.specialolympics.org/stories/athletes/proper-hand-washing-techniques</a>	Hand washing techniques
<b>University of Miami-Nova Southeastern University Center for Autism and Related Disabilities</b> <a href="https://www.youtube.com/watch?v=xkZ23tDzN4c&amp;feature=youtu.be">https://www.youtube.com/watch?v=xkZ23tDzN4c&amp;feature=youtu.be</a>	Let's Talk About the Coronavirus video: uses whiteboard technique to tell a social narrative
<b>New York Deaf Blind Collaborative</b> <a href="https://www.aahd.us/wp-content/uploads/2020/04/NYDBC_TipSheet.pdf">https://www.aahd.us/wp-content/uploads/2020/04/NYDBC_TipSheet.pdf</a>	Providing Access through Sign Language & Text for Low Vision & Tactile Communicators During the Coronavirus Pandemic Tip Sheet
<b>Beneficial Designs</b> <a href="https://www.va.gov/MS/WC_COVID19.pdf">https://www.va.gov/MS/WC_COVID19.pdf</a>	Wheelchair and Assistive Technology Users: Precautions for Covid 19
<b>Center for Dignity in Health Care</b> <a href="https://www.ucucedd.org/wp-content/uploads/2020/04/Center-for-Dignity-in-Health-Care-fact-sheet-on-rights-for-people-with-disabilities.pdf">https://www.ucucedd.org/wp-content/uploads/2020/04/Center-for-Dignity-in-Health-Care-fact-sheet-on-rights-for-people-with-disabilities.pdf</a>	Safeguard Against Disability Discrimination: ensuring equitable care during covid 19 emergency
<b>AUCD</b> <a href="https://www.aucd.org/template/index.cfm">https://www.aucd.org/template/index.cfm</a>	Covid 19 Public Health Webinar series: Advice from families and caregivers; advice from people who have a disability; advice from medical providers
<b>American Academy of Developmental Medicine and Dentistry</b> <a href="https://www.aadmd.org/education">https://www.aadmd.org/education</a>	A variety of resources, including webinars, including Adult Care Facility Covid 19 checklist, PPE and protective measures, Covid 19 and advocacy